

AHANA

Rotary
RID. 3291



Rotary Opens
Opportunities

RI PRESIDENT: RTN. HOLGER KNAACK

DISTRICT GOVERNOR : RTN. SUDIP MUKHERJEE

WEEKLY E-BULLETIN OF ROTARY CLUB OF CALCUTTA JADAVPUR

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JULY IS NEW LEADERSHIP MONTH

MINUTES OF THE 2022nd VIRTUAL WEEKLY ZOOM MEETING OF RC CALCUTTA JADAVPUR HELD ON MONDAY, 29th JUNE 2020 AT 7.00 P.M.

- President Rtn. (Dr.) Aditi Nag Chaudhuri called the meeting to order and welcomed Prof. Indrajit Ray from Cardiff Business School, U.K. and also Infosys Foundation Distinguished Chair Professor of Economics, Presidency University, as the new Honorary Member and two prospective members Prof. Jharna Ray and Dr. Mainak Sen Gupta of University of Calcutta, both guests of PE Rtn. (Dr.) Kunal Ray. She also welcomed all the members present online. Further, she conveyed thanks to all the members and the associated persons for supporting her and the Secretary Rtn. Sikha throughout the RY 2019-2020. It would not be out of place to mention that, lot of projects have been carried out by the club during the year, despite the difficult time everyone had to face due to the COVID 19 pandemic.
- National Anthem was sung by Secretary Rtn. Sikha Mukherjee.
- President Rtn. (Dr.) Aditi announced:
 - That there are host of projects viz. Thalassaemia Trait detection at Chowbaga High School with the help of NIL Ratan Sarkar Medical College & Hospital, Toilet construction at Sangrami Nagar F.P. School with the help of Vidyapith, Rain Water Harvesting System at St. Ninian's High School for Girls with the help of National Academy of Science (INDIA), Allahabad & Sanitary Napkin Vending Machine donation to Rainbow Homes at Loreto Bowbazar which could not be taken up for the lockdown periods announce by the Central and State authorities. The supports for the subject projects will continue till the next Rotary Year ending June 2021.
 - That during the last week, RC Calcutta Jadavpur has donated Rs.35,000/- to Rotary India Literacy Mission (RILM) for the Asha Kiran Programme to support 14 children aged 7-14 years, to get back to school, the last contribution having been received from PP Rtn. Samirenduda. All members donating for the cause deserve a note of thanks.
 - That on June 19, 2020 one Sanitary Napkin Vending Machine was donated to Bidyadharpur Orphanage at Kasba. This project was taken up with the help of Rotary Club of Kasba.
 - That on June 27, 2020, the District Award Ceremony of RID 3291 "Festival of Recognition" was held at Haldiram Banquet, where the club received 10 recognitions for the RY 2019-20. These include DG Citation for the RY 2019-20, 1st Prize for Disease Prevention and Treatment, 2nd prize for Club Bulletin, 3rd Prize for Public Image of Rotary and 3rd Prize for Cancer Awareness and Prevention in the combined categories. Apart from these awards, PP Rtn. Jaydeb received the Outstanding Champion Award, she received the Outstanding Centurion Award and Secretary Rtn. Sikha received the Outstanding Charioteer Award. Certificate of Appreciations from DG Rtn. Ajay Agarwal were received by PP Rtn. Samirenduda as the Assistant Governor (Services), PP Rtn. Partha Sarathi as the District Chairman - Paediatric Cancer Prevention Committee.
 - That it was good to find that, Rtn. Joyeta Ghosh took her time out for constant updation of club projects on Facebook, which showcased all the projects and activities undertaken by the club during the year.
 - President Rtn. (Dr.) Aditi discussed about the modus operandi for 42nd Installation Programme in this COVID pandemic situation. PP Rtn. Jaydeb reported that a communication from RI Directors Rtn. (Dr.) Bharat Pandya and Rtn. Kamal Sanghvi requesting the District and Club leaders not to do any in-person meeting under the present scenario has been received and PDG Rtn. Rajani Mukerji has fully endorsed the view. In view of this it was unanimously decided to hold a Virtual Installation Meeting on the scheduled date i.e. July 13, 2020.
 - Next, President Rtn. (Dr.) Aditi requested PP Rtn. Partha Sarathi to say a few words about the District Project "SANKALPA" a Blood Donation Drive, to observe Doctor's Day in association with Project Life Force. PP Rtn. Partha Sarathi reported that the drive will take place at three different centres viz., Rotary Sadan, Prakah Bhavan and SGCCRI, where three senior Rotarians will be in charge. He will be at SGCCRI and the only problem is that at SGCCRI, the donor's registration is very few and the blood collected there will be used for paediatric cancer patients only, which is very important.
 - As proposed by PP Rtn. Partha Sarathi, it was decided to invite Rtn. Tapan Kumar Rao of Rotary Club of Singapore, in one of our virtual meetings on a suitable date.
 - President Rtn. (Dr.) Aditi requested both the prospective members, Dr. Mainak Sen Gupta and Prof. Jharna Ray to introduce themselves. Both of them talked about

themselves and expressed their eagerness to participate and serve for the cause through Rotary.

- Next, President Rtn. (Dr.) Aditi requested Prof Indrajit Ray to say a few words about himself. Prof. Ray thanked the club for accepting him as it's Honorary Members and briefly introduced himself, talking about his profession and his involvement with Vidyapith, U.K., a Trust with an aim for advancement of education by awarding grants to fund facilities and services in West Bengal, that will improve educational provision for children and young students in need. Everyone present online welcomed Prof. Ray as an Honorary Member.
- President Rtn. (Dr.) Aditi announcement regarding the club's decision to make PP Rtn. Sambhuda as an Honorary Member of the club w.e.f. July 01, 2020 was greeted by one and all. President Rtn. (Dr.) Aditi requested PP Rtn. Sambhuda to say a few words. PP Rtn. Sambhuda in his own way, congratulated the outgoing team for all the commendable work done and success it achieved during the year, despite the difficult situation and expressed his firm belief that the good work will continue for the RY 2020-21 under the leadership of PE Rtn. (Dr.) Kunal Ray.
- Secretary Rtn. Sikha conducted the club business and extended belated anniversary greetings to Ann. Kathika Sahu and PP Rtn. Debatosh Sahu which fell on 20th June and further, extended belated birthday greetings to Ann. Smita Ray, w/o PP Rtn. Sanjay Ray which fell on June 21.
- Minutes of the 2021st meeting was confirmed by the members and the same was concluded with thanks to all the participants. Both, President Rtn. (Dr.) Aditi and Secretary Rtn. Sikha, wished PE Rtn. (Dr.) Kunal Ray and SE Rtn. (Dr.) Krishnendu Das, a colourful service year ahead during RY 2020-21.

GREETINGS :

Rotary is like a joint family and Club President is the leader and acts as HoF of the club. Rotary functions as a hardcore professional organization. Therefore, the Club President needs to function professionally within the parameter of Rotary. Further, Rotary formulates with a) High profile membership — quality and NOT quantity and b) Fellowship — which develops bonding and cohesive properties amongst members.

Outgoing Club President Rtn. (Dr.) Aditi (Nag Choudhury) is comparatively a new Rotarian and coming from a completely different discipline of activities. So it was a great challenge for her to lead this service oriented NGO as one of its leader. However, with her Rotary graduate ship degree, tenacity, endeavor and dedication, she has nicely synchronized herself with the wheel of Rotary and has given an excellent leadership to the RCCJ during R.Y. 2019 - 2020. She was optimistic, committed and had taken each step with enthusiasm to turn it into reality keeping the theme "Rotary Connects The World" in view.

Members heartfelt greetings go to the outgoing another Rotary graduate, Secretary Rtn. Sikha (Mukherjee) for her ever cheerful energetic and cordial services to the Rotary.

RCCJ's three musketeers Rotarians PP Jaydeb (Athos), Sanjay (Porthos) and Swapan (Aramis) are the tripod of RCCJ and the club stands high with their great support.

All outgoing committee members also get a big applause from the club's esteemed members for their warm support.

Now, the wheel of Rotary is entering the R.Y. 2020 — 2021 and RCCJ is awaiting scientific leadership from another Rotary graduate Rtn. (Dr.) Kunal (Ray) as President and Second-in-Command Rtn. (Dr.) Krishnendu (Das) as Secretary. Rotary is an icon of service. Rotary is an inspiration to reach within us to embrace humanity. As always, RCCJ members assure the Incoming team to extend their whole hearted supports to formulate and execute the dreams and passions for the services to the society. Incoming leaders will definitely achieve the RI theme "Rotary Opens Opportunity" by maintaining high quality of membership and by bonding all members through fellowship.

Warm greetings to all,

Sambhu da

On behalf of all the members of RCCJ

**PRESIDENT : RTN. (DR.) KUNAL RAY :: SECRETARY : RTN. (DR.) KRISHNENDU DAS :: EDITOR : RTN. SANJAY RAY
RCCJ MEETS EVERY MONDAY AT CHAKRABARTI, RABINDRA SAROJAR AT 7.00 PM : EMAIL : rccjadavpur@gmail.com**

Happy Anniversary

Smt. Krishna Banerjee & Honorary Member Shri. Sambhu Narayan Banerjee falling on July 07
Many Many Happy Returns of the day

Happy Birthday

Ann. (Dr.) Jharna Ray w/o Rtn. (Dr.) Kunal Ray falling on June 11
Many Many Happy Returns of the day



Presidential message

Holger Knaack

President 2020-21

JULY 2020

This does not seem like a time for great optimism, but it has to be. Long before Rotary was founded, the world dealt with great crises that tested humankind's ability to progress and endure. In the age of Rotary, the world has faced many more catastrophes; however, we have survived, and every step of the way, Rotary has helped the world heal.

Every great challenge is an opportunity for renewal and growth. I revealed the theme of Rotary Opens Opportunities at the International Assembly in San Diego just as the COVID-19 crisis was beginning, but these are words that I have believed for many years.

Rotary is not just a club that you join; it is an invitation to endless opportunities. We believe in creating opportunities for others and for ourselves. We believe that our acts of service, large and small, generate opportunities for people who need our help, and that Rotary opens opportunities for us to live a richer, more meaningful life, with friends around the world, based on our core values.

Governments and institutions are gaining a greater appreciation for the types of public health partnerships that are critical to our work. People stuck at home, eager for greater connections and hungry to help their communities, are now embracing the values we have promoted since our beginning.

All of this is positive news, but just because there are greater opportunities than ever for Rotary to thrive does not guarantee that we will succeed. The world is changing rapidly – and was doing so even before this crisis. People were starting to move away from regular lunch meetings and toward online gatherings. Friendships were being cultivated and revived in social media relationships even before most of our meetings moved to Zoom and Skype. Younger generations have a strong desire to serve – but have questioned whether they could play a meaningful role in organizations like Rotary or whether they might make a bigger impact forming different types of connections. Now is the time to put everything on the table, test new approaches, and prepare Rotary for the future.

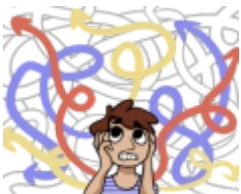
The COVID-19 crisis has forced all of us to adapt. This is good, and our new Action Plan specifically calls on us to improve our ability to adapt. But adaptation is not enough. We need to change, and change dramatically, if we are to face the challenges of this new age and provide the Rotary the world so desperately needs.

This is our great challenge, not just in the next year but into the foreseeable future. It is up to us to remake Rotary for these new times – to wholeheartedly embrace the ideas, energy, and commitment of young people eager to find an outlet for idealism. We must become an organization fully enmeshed in the digital age, not one that simply looks for online ways to keep doing what we have always done.

The world needs Rotary now more than ever. It is up to us to make sure that Rotary Opens Opportunities for generations to come.

Adopting a Clutter-free Lifestyle

www.speakingtree.in :: June 29, 2020



Each of us likes to have an organized life. Cleanliness and orderliness are our original nature so, we want everything around us to be tidy – our home, office, work-desk, files on our computer or phone, our cupboard, garden and so on.

Many people even have a specific cleaning schedule marked out regularly. Even, otherwise, when we look around and find things lying haphazardly, we like to immediately put them in order. But, how

frequently do we look within and clear the internal clutter? When did we last organize our mind in a way that we can quickly access a thought or emotion we

want to use? Our mind is an enormous storehouse of right and wrong thoughts.

Sometimes, when we are working on an activity, the mind can be caught wandering and creating too many thoughts – either about the current task, about past experiences of a similar task, about people related to the task or about an altogether unrelated task.

Even the quality of the output may become questionable. When we do not pay attention to the state of the mind while doing an activity, we may not understand why we feel exhausted or took longer to complete an activity.

Most professionals spend 8-10 hours a day at their workplace. We need to pause and observe the actual number of productive hours. It is a good indicator of our emotional health in terms of the mind and the intellect. Some of us are in a habit of checking our phones or computers (internet) every few minutes to read messages in social media and electronic media. So, not just our gadgets but also our minds get flooded with information.

Information is the source for thoughts; so, the mind starts creating too many thoughts of the same quality and that depletes our inner power. Inputs of positive information at regular intervals in the day and detachment from unnecessary information during the course of the day keeps us more focused, mentally tireless and active at every step, thereby bringing efficiency in action.

Blog by Brahma Kumaris



A glimpse of the recognitions of RC Calcutta Jadavpur

